



2023 WESTERN REGIONAL CONFERENCE FOR PATIENTS & CAREGIVERS

Hotel Clique

24 Aero Crescent NE, Calgary, AB T2E 7Y5

AGENDA

Friday, March 31		
TIME	TOPIC	SPEAKER
8:00-8:25 am	Registration & Breakfast	
8:25-8:30 am	Welcome, Opening Remarks & Introductions	Michelle Oana Director of Development and Community Relations
8:30-9:30 am	Understanding myeloma and related disorders	Dr. Victor Jimenez-Zepeda Assistant Professor of Medicine, University of Calgary Clinician Scientist, Tom Baker Cancer Centre *Q&A
9:30-10:00 am	Myeloma Canada – What’s new? (Access & research)	Michelle Oana Director of Development and Community Relations
10:00-10:15 am	Break	
10:15-11:00 am	Myeloma research updates	Dr. Nizar Bahlis Associate Professor of Medicine, University of Calgary Hematology and Bone Marrow Transplantation, Charbonneau Cancer Research Institute *Q&A
11:00-11:45 am	Understanding clinical trials	Anna Giulione Clinical Research Nurse (Multiple Myeloma) Tom Baker Cancer Centre *Q&A

11:45-12:45 pm	Lunch	
12:45-1:00 pm	Myeloma Canada – What’s new? (Education & community)	Michelle Oana Director of Development and Community Relations
1:00-1:45 pm	The role of exercise for individuals living with and beyond cancer	Dr Nicole Culos-Reed Professor, Faculty of Kinesiology Director, Health and Wellness Lab and Thrive Centre University of Calgary
1:45-2:30 pm	Exercise and cancer: New research and experiential workshop (Virtual presentation)	Dr. Christopher Sellar Alberta Cancer Exercise (ACE) Project Coordinator *Q&A
2:30-2:50 pm	Break	
2:50-3:45 pm	Powering up with protein	Christofer Cruz Registered Dietician and PhD Student University of Alberta
3:45-4:15 pm	Alberta support groups: Meet the community leaders	Myeloma Alberta Support Society (Edmonton), Southern Alberta Myeloma Support Society (Calgary), Lethbridge Myeloma Support Group , Black African Cancer Support Group
4:15-5:00	Coping with cancer	Wellspring
5:00-5:15	Closing remarks	Michelle Oana Director of Development and Community Relations